



Co-Counselling as Therapy

R. Evison and Horobin, R., "**Co-Counselling as Therapy**", in *Innovative Therapy in Britain.*, 1988th ed., Open University Press, 1988.

The title of this booklet "Co-Counselling as Therapy", emphasizes that whilst the methods of co-counselling can be used for therapy nevertheless "Co-counselling" is a wider phenomenon than "therapy".

Thus co-counselling is best seen as a set of processes, ideas, and a special relationship which together comprises a toolkit for personal and social change in any setting—therapeutic, educational, in the home—you name it! Whilst acknowledging this, the present booklet is specifically concerned with the application of co-counselling to therapy.

Topics

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