



Get Trained in the Core Co-Counselling Skills

2 Get Trained

How to

Core trainings

Teacher List

Ways of acquiring Core Co-Counselling Skills

Join a Core Co-Counselling training course.

This is our recommendation. You acquire the core skills in a group and by doing so you get to know potential new co-counselling partners. A group also provides a good environment for learning.

You can find information about courses by clicking the next tab.

Organise a group and invite a Co-Counselling teacher to come and run a training course.

You may live far away from where any Co-Counselling teacher is offering training. In this case you might invite a teacher to come over and train a group you brought together. There are even teachers who are prepared to travel abroad and work with interpreters. This approach has also the advantage that you acquire a co-counselling support network around you.

Click on the **Teacher List** tab for more information.

If there is no Core Co-Counselling Skills teacher available,

you have the option to learn from an experienced co-counsellor who lives near you.

A **CCI Contact Person** can help you find co-counsellors near you.

This option has the disadvantage that you acquire the skills outside a group so that you miss out on the variety of support available.