



CoCoPedia

The free Co-Counselling Encyclopedia that any Co-Counsellor can edit and add topics to.

[Add new topic](#)

[A-Z Index](#) [Pedia](#)

Contract

Last updated:
Sat 30 Dec 2017.

In daily life when people or organisations set up a contract they clarify together what they can expect from each other in certain situations. These expectations form the core of the contract....

[Read more](#)

Cooperative Inquiry

Last updated:
Sat 8 Aug 2020.

The core idea of *cooperative inquiry*, also known as *collaborative inquiry*, is to 'research with' rather than to 'research on' people. This means that all active participants are... [Read more](#)

Counsellor

Last updated:
Sat 30 Dec 2017.

Outside of co-counselling, a Counsellor is someone you have sessions with who tries to help you resolve problems that you have or improve your life in some way. They have various types and levels... [Read more](#)

Free Attention

Last updated:
Sun 10 Aug 2014.

Free attention: attention that is free of any self focused thoughts or feelings in the person giving attention (the listener). The listener's attention is freely available for the other person.... [Read more](#)

Free Attention Contract

Last updated:
Tue 21 Sep 2010.

also called **Loving, Caring Attention contract** in the USA. This **session contract** together with the ... [Read more](#)

Fundamentals

Last updated:
Wed 19 Feb 2014.

The **core training course** during which people learn the basic session skills needed for clienting and for supporting the client in the counsellor role.

... [Read more](#)

Haus Kloppenburg

Last updated:
Tue 2 Sep 2014.

The article is in preparation stage.

Intensive Contract

Last updated:
Sun 5 Dec 2010.

The Intensive Contract is one of the **Session Contracts**. There are several interpretations of **Intensive Contract** and the... [Read more](#)

Intervention

Last updated:
Sun 6 Mar 2011.

In Co-Counselling the word 'intervention' refers to words or gestures of the **Counsellor** towards the **Client**... [Read more](#)

Intuitive Contract

Last updated:
Tue 21 Sep 2010.

This is one of the **session contracts**. The **counsellor** can offer Intuitive suggestions based on any insight... [Read more](#)

Normal Contract

Last updated:
Tue 21 Sep 2010.

Also called **Caring, Loving Attention with Suggestions** contract. This **session contract** together with the... [Read more](#)

Present Time

Last updated:
Tue 21 Sep 2010.

Three meanings:

1. The **here and now**. (daily language)
2. The USA term for **Attention Switch** (UK) or ... [Read more](#)

Rescue Triangle

Last updated:
Tue 28 Jul 2020.

[View article](#) in Literature library..

Role-play

Last updated:
Sat 30 Dec 2017.

According to Wikipedia **Role-playing** refers to the changing of one's behaviour to assume a role, either unconsciously to fill a social role, or consciously to act out an adopted... [Read more](#)

Session

Last updated:
Mon 2 Jul 2012.

In a Co-Counselling session one person is in the **Client** role and works on what is important to them. The other person is in the supporting... [Read more](#)

« first < previous 1 **2** 3 next > last »

Language

English
