



Contract

In daily life when people or organisations set up a contract they clarify together what they can expect from each other in certain situations. These expectations form the core of the contract. This may be extended with extensions for instance about what happens when the contract is not met, how the contract is going to be enforced or how it can be dissolved.

The same in Co-Counseling: when Co-Counsellors agree to do something together, they make a contract to clarify what they can expect from each other.

There are various contracts in Co-Counseling:

- **Session Contracts**

In these the client and counsellor clarify what the client can expect from the counsellor in his/her session;

- **Buddy contracts**

During workshops often Buddy couples are formed. They clarify their mutual expectation in their Buddy contract.

- **Support Group Contracts**

See also in CoCoPedia:

[Client In Charge](#)
