



## Client In Charge

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This is the core principle and expectation in CCI about the role of the client in a session: whatever **session contract** the Client is In Charge of their session. This means being

- In charge of devolving or taking back as much or as little responsibility as wished to the counsellor for reminders, suggestions etc.....
- in charge of the depth and direction of the work

This expectation is in line with the understanding in Co-Counselling that each adult takes responsibility and charge of their own life.

### Diversity

It is this principle that supports the diversity of approaches in CCI Co-Counselling.

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**See also in CoCoPedia:**

[Session](#)

[Session Contracts](#)

Language

English

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