



## McCoCo Wows

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A collection of quotes from people who have attended McCoCo.

*Freedom to follow my desires, welcome, warmth and affection. It was spontaneous, joyful, outrageous, energetic, safe, cosy, sharing, wild, accessible, in nature by hills with unexpected opportunities and tremendous food.*

McCoCo is a place of great freedom, where you can try out different ways of being, and new ways of doing things.

*McCoCo is a place where you can go whatever emotional and physical state you're in and you will be welcomed with great warmth and affection.*

McCoCo is a safe place, as far as that is possible where there's also freedom.

*There is nothing else quite like McCoCo in my life. I feel full of emotion just thinking about it. It is life at its best.*

I remember at the end of a long and arduous opening circle, offering a spontaneous "Let's go out into the woods and make loads of noise" workshop and a few minutes later there we were doing just that.

*That's what McCoCo enables to happen - whatever odd idea you have, planned or unplanned, you can share it and chances are that others will join you.*

McCoco is a five minute easy walk from glorious hills. Easy access by public transport.

*A place where I can get my special diet catered for with a smile :-)*

I often have the desire to get into a big bouncy dress, dance joyously around outside, split leaps included with fellow like minded people. The only place that comes to heart is McCoCo. This is due to the experiences I have had there. Many things are possible at McCoCo, it's a wonderful feeling...

*Dancing to the rhythms,  
climbing to the sun,  
playing naked Frisbee in the rain!  
sitting by the fire amongst  
the laughter and the fun.*

*Collated by Anne Denniss*

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