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## CCI Teachers Workshop

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Language

English

### Type of Event:

Teachers Workshop Residential CCI Workshop

Updated **20 May 2010**

Dymphna has found and booked a beautiful venue for the teachers Workshop that will cost us 80 Euro from Thursday eve to Saturday morning - full board.

There is morning Tai Chi for those who want for another 5 Euro. Cost is dependent on 20 people booking .

Payment for the Teachers Workshop is to Dymphna at the start of the teachers event in cash. To book for the teachers workshop mark that you wish to attend on your booking form and send your deposit to Dymphna or Declan for CCI in advance.

If we go over 20 there is extra accommodation at Dymphna's house near by.

The venue is a self contained house, Tara House, in the grounds of a Buddhist Centre

[http://www.jampaling.org/tara\\_house.html](http://www.jampaling.org/tara_house.html)

We are looking into joint options to travel to the Teachers venue, which is some distance from

Dublin, and then on to CCI.

Contact Sue Gray on [contactsue@yahoo \[dot\] co \[dot\] uk](mailto:contactsue@yahoo.co.uk) or Dymphna [dymphnaheaden@hotmail \[dot\] com](mailto:dymphnaheaden@hotmail.com)

**12 May 2010:** Dymphna, writes:

I am delighted to say that I have managed to change the venue for the Teachers' Workshop to the Buddhist Centre in Bawnboy Co. Cavan. It is about 5 km from my home in Bawnboy, and it is a place I know well and like. The Buddhist name is Jampa Ling. We can stay not in the main block, but in a guesthouse beside it. The accommodation consists of two dormitories of 8 beds and some smaller rooms. We will be able to rent that whole guest block for ourselves.

It is a place I go to for Tai Chi classes, and I know the people, so I think that will help. One of the Buddhists who looks after the Walled Garden is Aisling Blackburn, and she will prepare vegetarian meals for us. I have said we will arrive on the evening of Thursday 22 July, and we would like an evening meal on Thursday, all meals on Friday, and breakfast on Saturday. I have not a price for the food yet, but I think the price for everything will be around 70 euros.

I was wondering if the group would like an hour of Tai Chi on the morning of Friday? The person who teaches it, Romy Grey, is really very experienced, and it could give us a creative start to the day.

I hope to get a quotation for a coach for 20 people from a local bus group, Martin's Coaches, to collect everyone from the airport and bring them straight to Jampa Ling. Then to bring us on Saturday straight to Drogheda and Termonfeckin.

It is possible to come by public bus from the airport to Bawnboy. It is bus number 130, and one leaves at 17.20 from the airport. It costs 18 euros however, so I would hope to do better than that. I can then ferry you the 3 km to Jampa Ling. It is also possible to get a train to Dromod on the Sligo line, but that is a 45 minute drive from Bawnboy. (There is a really difficult option, to get a train to Longford, then an Ulsterbus to Ballinalore, and then we can ferry you, it is about 10 km from Bawnboy.

The good news for those over 65 is that the Irish Tourist Board is desperate for tourists, and has given free travel on ALL TRAINS and the DART (Dublin train service) to anyone from anywhere in the world. The offer is called Golden Trekker and it is on the website [www.discoverireland.com](http://www.discoverireland.com). They would prefer if you apply in the country of your origin, then you have it before you come, and it does not hold up the person selling tickets. Paul Hyland who was at the recent McCoCo does some work for Discover Ireland, and he will help if we have any problems.

All good wishes,  
dymphna

dymphnaheaden@hotmail.com

I would suggest that we arrive on the evening of Thursday 22 July, and then we would have all of Friday and Saturday morning for a Teachers' workshop.

#### Event Dates

Thursday, 22 July, 2010 - 16:00 to Saturday, 24 July, 2010 - 13:00

#### Venue Details

#### **Venue:**

Tara House / Jampa Ling

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Bawnboy, Cavan ---

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Phone: 353 (0)49 952 3448

See map: [Google Maps](#)

Cavan IE

**Venue Web site:**

<http://jampaling.org>

Contact Information

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